

IMAGE 1: INSTRUMENT DE MESURE “Bristol Breastfeeding Assessment Tool”

	<b>0 Poor</b>	<b>1 Moderate</b>	<b>2 Good</b>	<b>Score</b>
<p><b>POSITIONING</b></p> <p>Baby well supported; Tucked against mother’s body; Lying on side /neck not twisted; Nose to nipple; Mother confident handling baby</p>	<p>No or few elements achieved</p> <p>Needs to be talked through positioning</p>	<p>Achieving some elements</p> <p>Some positioning advice still needed</p>	<p>Achieving all elements</p> <p>No positioning advice needed</p>	
<p><b>ATTACHMENT</b></p> <p>Positive rooting; Wide open mouth; Baby achieving quick latch with a good amount of breast tissue in mouth; Baby stays attached with a good latch throughout feed</p>	<p>Baby unable to latch onto breast or achieves poor latch. No/few elements achieved</p> <p>Needs to be talked through attachment</p>	<p>Achieving some elements</p> <p>Some advice on attachment needed</p>	<p>Achieving all elements</p> <p>No advice on attachment needed</p>	
<p><b>SUCKING</b></p> <p>Able to establish effective sucking pattern on both breasts (initial rapid sucks then slower sucks with pauses). Baby ends feed.</p>	<p>No effective sucking; no sucking pattern</p>	<p>Some effective sucking; no satisfactory sucking pattern; on and off the breast</p>	<p>Effective sucking pattern achieved</p>	
<p><b>SWALLOWING</b></p> <p>Audible, regular soft swallowing- no clicking</p>	<p>No swallowing heard; clicking noises</p>	<p>Occasional swallowing heard; some swallows noisy or clicking</p>	<p>Regular, audible, quiet swallowing</p>	