

Nijmegen Nursing Mucositis Scoring System (NNMSS)

Potting C.M.J., Blijlevens N.A.M., Donnelly J.P., Feuth T., Van Achterberg T. (2006)

Table 2. Nijmegen Nursing Mucositis Scoring System

Objective characteristics of oral mucositis (mouth inspection by the nurse)				
	0 point	1 point	2 points	3 points
Erythema	Pink and moist	Mild/moderate	Severe	
Oedema	Absent	Mild – Print of teeth in tongue edge – Gingival swollen and red	Moderate – Print of teeth in tongue – Gingival swollen and white	Severe – Swollen tongue – Gingival swollen and shining white
Lesions	Absent	1–4	>4	Elapse ulceration
Subjective characteristics of oral mucositis (information from the patient)				
	0 point	1 point	2 points	3 points
Pain	None	VAS score <3	VAS score 4–6	VAS score >6
Dryness mouth	Normal	Mild	Moderate	Severe
Viscosity saliva	Normal	Slimy	Thick	

VAS, visual analogue scale.