

MFSI

Below is a list of statements that describe how people sometimes feel. Please read each item carefully, then circle the one number next to each item which best describes **how true each statement has been for you in the past 7 days**.

	Not at all	A little	Moderately	Quite a bit	Extremely
1. My glands are swollen.....	0	1	2	3	4
2. I am not interested in sex.....	0	1	2	3	4
3. I am bewildered.....	0	1	2	3	4
4. I have pain in my chest.....	0	1	2	3	4
5. I feel frustrated.....	0	1	2	3	4
6. I am clumsy.....	0	1	2	3	4
7. I have trouble remembering things.....	0	1	2	3	4
8. I limit my social activity.....	0	1	2	3	4
9. My neck is tender.....	0	1	2	3	4
10. I have trouble talking with others.....	0	1	2	3	4
11. I feel irritable.....	0	1	2	3	4
12. My shoulders are stiff.....	0	1	2	3	4
13. I have trouble finishing things.....	0	1	2	3	4
14. My muscles ache.....	0	1	2	3	4
15. I have trouble doing simple tasks.....	0	1	2	3	4
16. My head feels heavy.....	0	1	2	3	4
17. I have trouble sitting up.....	0	1	2	3	4
18. My legs feel weak.....	0	1	2	3	4
19. I sleep during the day.....	0	1	2	3	4
20. I am short of breath.....	0	1	2	3	4
21. I feel cheerful.....	0	1	2	3	4
22. I feel lively.....	0	1	2	3	4
23. I feel angry.....	0	1	2	3	4
24. I feel washed out.....	0	1	2	3	4
25. I feel feverish.....	0	1	2	3	4

MFSI-SF

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	Not at all	A little	Moderately	Quite a bit	Extremely
1. I have trouble remembering things0	1	2	3	4	
2. My muscles ache.....0	1	2	3	4	
3. I feel upset.....0	1	2	3	4	
4. My legs feel weak.....0	1	2	3	4	
5. I feel cheerful.....0	1	2	3	4	
6. My head feels heavy.....0	1	2	3	4	
7. I feel lively.....0	1	2	3	4	
8. I feel nervous.....0	1	2	3	4	
9. I feel relaxed.....0	1	2	3	4	
10. I feel pooped.....0	1	2	3	4	
11. I am confused.....0	1	2	3	4	
12. I am worn out.....0	1	2	3	4	
13. I feel sad.....0	1	2	3	4	
14. I feel fatigued.....0	1	2	3	4	
15. I have trouble paying attention.....0	1	2	3	4	
16. My arms feel weak.....0	1	2	3	4	
17. I feel sluggish.....0	1	2	3	4	
18. I feel run down.....0	1	2	3	4	
19. I ache all over.....0	1	2	3	4	
20. I am unable to concentrate.....0	1	2	3	4	
21. I feel depressed.....0	1	2	3	4	
22. I feel refreshed.....0	1	2	3	4	
23. I feel tense.....0	1	2	3	4	
24. I feel energetic.....0	1	2	3	4	
25. I make more mistakes than usual.....0	1	2	3	4	
26. My body feels heavy all over.....0	1	2	3	4	
27. I am forgetful.....0	1	2	3	4	
28. I feel tired.....0	1	2	3	4	
29. I feel calm.....0	1	2	3	4	
30. I am distressed.....0	1	2	3	4	

Multidimensional Fatigue Symptom Inventory-Short Form, Moffitt Cancer Center and University of South Florida, Tampa, FL ©1998